

What should I do if I am concerned about my child's behavioral or mental health? (I live in Marion, Lake, Sumter, Citrus or Hernando County)

★ Starting Point is With My Child's Health Insurance Plan ★

DIAGNOSIS? Does my child need an evaluation to understand my child's behavior or mental health needs and to identify services that can help?



CONTACT the child's health insurance plan and ask for behavioral health coordination or case management to help find providers and get linked to services for my child.

TREATMENT? Does my child already have a diagnosis and my child needs services? Or is my child receiving services and the services are not working or my child may need more intensive services?



CONNECT with my child's pediatrician or psychiatrist for referrals for evaluations and/ or services. Additionally, Children with Medicaid - ASK for a referral for Targeted Case Management to help with getting services.

Is my child involved with other agencies?

- Ask the agency representative if that agency offers any evaluations or services?
- Which agency representative can be my champion to help connect to the other agencies?

State Agency Systems

❖ Department of Children & Families (DCF)

❖ Department of Juvenile Justice (DJJ)

❖ School System

❖ Children's Mental Health

❖ Agency for Persons with Disabilities (APD)

Additional Resources

Parenting Support/ Resources? Human Trafficking Concerns? Adoptive family?

<https://myfloridamyfamily.com/>

DCF Hotline 1-800-962-2873 / Kids Central Inc. Post-Adoption Support 352-857-7297

Arrested? Runaway or Ungovernable youth?

<http://www.djj.state.fl.us/youth-families/for-parents>

1-866-757-0634

Struggling in school?

<http://www.sednetfl.info/Regions.aspx>

1-727-314-3906

Baker Acts? Mental Health Needs?

<https://www.myflfamilies.com/service-programs/samh/get-help.shtml>

Lutheran Services FL: 877-229-9098

Mobile Response Teams:

Lifestream (Lake, Sumter, Citrus) - 352-408-6625

BayCare (Hernando): 352-467-6529

The Centers (Marion): 352-402-2890

Intellectual disabilities (IQ under 70), Autism, Spina Bifida, Cerebral Palsy, Prader-Willi,

down syndrome, Phelan-Dermid? <https://resourcedirectory.apd.myflorida.com/>

(352) 330-2739 / Family Care Council 1-800-470-8101

I'm overwhelmed! How can I get help?

- ❖ Call or text the Family Support Line (7a.m. to 11 p.m. ET) **1-888-733-6303** or call **NAMI (800) 950-6264**
- ❖ Work with your health insurance plan service navigator – helps schedule evaluations and find resources
- ❖ Other trusted adults that can help me? <https://www.befreelake.org/index.php/about-us/power-of-attorney-form>
- ❖ Sports or clubs my child can participate to provide an outlet for the child?
- ❖ Florida Network Youth Shelters www.floridanetwork.org **1-850-922-4324**
- ❖ Florida Association of Christian Child-Caring Agencies www.faccca.com **1-850-542-1776**
- ❖ Therapeutic Boarding School Finder www.therapeuticboardingschools.org
- ❖ NOTE: Inpatient Residential Treatment is NOT an Emergency Placement but if you believe your child needs this then you must work with your child's health insurance plan.

Applying for Medicaid, Healthy Kids or Social Security

Medicaid 850-300-4323 <https://dcf-access.dcf.state.fl.us/access/index.do>

DCF Community Partner Network – <https://access-web.dcf.state.fl.us/CPSLookup/search.aspx>

Healthy Kids 888-540-KIDS (5437) - <https://www.healthykids.org/>

Supplemental Security Income (SSI) - <https://www.ssa.gov/benefits/disability/apply-child.html>

Developmental Concerns for Young Children:

Children Age 0-3 yrs: **FL Early Steps** <http://www.cms-kids.com/home/contact/earlysteps.pdf>

Children Age 4+ yrs: **FDLRS** <https://www.fdlrs.org/>

To Switch Plans – Choice Counseling Main Line 1-877-711-3662

Please be advised that phone numbers are subject to change. Please visit the MMA Plan’s member handbook

MEDICAID & HEALTHY KIDS PLANS	BEHAVIORAL HEALTH COORDINATION	TRANSPORTATION
Florida Community Care	1-833-FCC-PLAN	1-833- FCC-PLAN
Humana Medical Plan	1-888-778-4651	LogistiCare 1-866-779-0565
Staywell - Wellcare	1-855-606-3622	Logisticare/ModivCare 1-877-659-8412
Children’s Medical Services - Wellcare	1-888-491-5252	1-844-399-9469
Sunshine Health	1-866-796-0530	LogistiCare 1-877-659-8420
Sunshine Health - Child Welfare Plan	1-855-463-4100	LogistiCare Reservations: 1-877-659-8420
UnitedHealthcare	1-800-791-9233	LogistiCare 1-866-372-9891
Aetna – Healthy Kids	1-844-513-4954	Non-ER Not Covered 1-844-528-5815
Simply Healthcare Plan – Healthy Kids	1-855-861-2142	Non-ER Not Covered 1-844-405-4298